



# ECHO ATHLETICS BOYS BASKETBALL

FRIDAYS - JANUARY 8 - MARCH 19

2:15PM-3:00PM - ELEVEN 45-MINUTE VIRTUAL SESSIONS  
GRADES 3-6

Join coach Willens to work on basketball fundamentals, fitness, flexibility, strength training, and cardio work. Stay in shape, stay strong and stay fit during this challenging time!



AFTER SCHOOL ENRICHMENT CLASSES

Winter Trimester